



Hanuman Chalisa Path

"Divine Chants • Infinite Blessings"



Shree Hanuman Chalisa In English With Meaning

Doha (Stanza)

**Shri Guru Charan Saroj Raj, Nij Mann Mukuru Sudhaari ।
Baranau Raghuvar Bimal Jasu, Jo Daayaku Phal Chaari ॥**

Meaning: After cleansing the mirror of my mind with the pollen dust of holy Guru's Lotus feet. I Profess the pure, untainted glory of Shri Raghuvar which bestows the four-fold fruits of life.(Dharma, Artha, Kama and Moksha).

**Buddhiheen Tanu Janike, Sumirau Pavan-Kumar ।
Bal Buddhi Vidya Dehu Mohi, Harahu Kalesh Bikaar ॥**

Meaning: Fully aware of the deficiency of my intelligence, I concentrate my attention on Pavan Kumar and humbly ask for strength, intelligence, and true knowledge to relieve me of all blemishes, causing pain.

Chaupai (Quatrain)

**Jai Hanuman Gyan Gun Sagar ।
Jai Kapis Tihun Lok Ujagar ॥01॥**

Meaning: Victory to thee, O'Hanuman! Ocean of Wisdom-All hail to you O'Kapisa! (fountain-head of power, wisdom, and Shiva-Shakti) You illuminate all the three worlds (Entire cosmos) with your glory.

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**Ram Doot Atulit Bal Dhama ।
Anjani-Putra Pavansut Nama ॥02॥**

Meaning: You are the divine messenger of Shri Ram. The repository of immeasurable strength, though known only as Son of Pavan (Wind), born of Anjani.

Mahabir Vikram Bajrangi ।

Kumati Nivaar Sumati Ke Sangi ॥03॥

Meaning: With Limbs as sturdy as Vajra (The mace of God Indra) you are valiant and brave. On you attends good Sense and Wisdom. You dispel the darkness of evil thoughts.

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Kanchan Baran Biraaj Subesa ।

Kaanan Kundal Kunchit Kesa ॥04॥

Meaning: Your physique is beautiful golden coloured and your dress is pretty. You wear earrings and have long curly hair.

Haath Vajra Aur Dhawaja Biraje ।

Kaandhe Moonj Janeu Saaje ॥05॥

Meaning: You carry in your hand a lightening bolt along with a victory (Kesari) flag and wear the sacred thread on your shoulder.

Shankar Suvan Kesari-Nandan ।

Tej Prataap Maha Jag Bandan ॥06॥

Meaning: As a descendant of Lord Sankar, you are a comfort and pride of Shri Kesari. With the luster of your Vast Sway, you are propitiated all over the universe.

Vidyavaan Guni Ati Chatur ।

Ram Kaj Karibe Ko Aatur ॥07॥

Meaning: You are the repository of learning, virtuous, and fully accomplished, always keen to carry out the behest's of Shri Ram.

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Prabhu Charitra Sunibe Ko Rasiya ।

Ram Lakhan Sita Mann Basiya ॥08॥

Meaning: You are an ardent listener, always so keen to listen to the narration of Shri Ram's Life Stories. Your heart is filled with what Shri Ram stood for. You therefore always dwell in the hearts of Shri Ram, Lakshman, and Sita.

Sookshma Roop Dhari Siyahi Dikhawa ।

Bikat Roop Dhari Lank Jarawa ॥09॥

Meaning: You appeared before Sita in a Diminutive form and spoke to her in humility. You assumed an awesome form and struck terror by setting Lanka on fire.

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Bheem Roop Dhari Asur Sanhare ।

Ramachandra Ke Kaj Sanware ॥10॥

Meaning: With over-whelming might, you destroyed the Asuras (demons) and performed all tasks assigned to you by Shri Ram with great skill.

Laaye Sanjivan Lakhan Jiyaye ।

Shri Raghubir Harashi Urr Laaye ॥11॥

Meaning: You brought Sanjivan (A herb that revives life) and restored Lakshman back to life, Shri Raghuvir (Shri Ram) cheerfully embraced you with his heart full of joy.

Raghupati Kinhi Bahut Badaai ।

Tum Mama Priya Bharat-Hi-Sam Bhai ॥12॥

Meaning: Shri Raghupati (Shri Ram) lustily extolled your excellence and said: “You are as dear to me as my own brother Bharat.”

Sahas Badan Tumharo Jas Gaave ।

Asa Kahi Shripati Kanth Lagaave ॥13॥

Meaning: Thousands of living beings are chanting hymns of your glories; saying thus, Shri Ram warmly hugged him (Shri Hanuman).

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Sankadhik Brahmaadi Muneesa ।

Narad-Sarad Sahit Aheesa ॥14॥

Meaning: When prophets like Sanka, even the Sage like Lord Brahma, the great hermit Narad himself, Goddess Saraswati and Ahisha

Jam Kuber Digpaal Jahan Te ।

Kabi Kobid Kahi Sake Kahan Te ॥15॥

Meaning: Even Yamraj (God of Death) Kuber (God of Wealth) and the Digpals (deputies guarding the four corners of the Universe) have been vying with one another in offering homage to your glories. How then, can a mere poet give adequate expression of your super excellence.

Tum Upkaar Sugreevahi Keenha ।

Ram Milaaye Rajpad Deenha ॥16॥

Meaning: You rendered a great service to Sugriv. You united him with Shri Ram and he installed him on the Royal Throne.

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Tumharo Mantra Vibhishan Maana ।

Lankeshwar Bhaye Sab Jag Jaana ॥17॥

Meaning: By heeding your advice, Vibhishan became Lord of Lanka. This is known all over the Universe.

Jug Sahastra Jojan Par Bhaanu ।

Leelyo Taahi Madhur Phal Jaanu ॥18॥

Meaning: On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.

Prabhu Mudrika Meli Mukh Mahee ।

Jaladhi Laanghi Gaye Achraj Nahee ॥19॥

Meaning: Carrying the Lord's Signet Ring in your mouth, there is hardly any wonder that you easily leapt across the ocean.

Durgam Kaaj Jagat Ke Jete ।

Sugam Anugraha Tumhare Tete ॥20॥

Meaning: The burden of all difficult tasks of the world become light with your kind grace.

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Ram Duwaare Tum Rakhwaare ।

Hoat Na Aagya Bin Paisaare ॥21॥

Meaning: You are the sentry at the door of Shri Ram's Divine Abode. No one can enter it without your permission

Sab Sukh Lahai Tumhari Sarna ।
Tum Rakshak Kaahu Ko Darna ॥22॥

Meaning: All comforts of the world lie at your feet. The devotees enjoy all divine pleasures and feel fearless under your benign Protection.

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Aapan Tej Samharo Aapai ।
Teenhon Lok Haank Te Kaapai ॥23॥

Meaning: You alone are befitted to carry your own splendid valour. All the three worlds (entire universe) tremor at your thunderous call.

Bhoot Pisaach Nikat Nahi Aavai ।
Mahavir Jab Naam Sunavai ॥24॥

Meaning: All the ghosts, demons, and evil forces keep away, with the sheer mention of your great name, O'Mahaveer!!

Naasai Rog Hare Sab Peera ।
Japat Nirantar Hanumat Beera ॥25॥

Meaning: All diseases, pain, and suffering disappear on reciting regularly Shri Hanuman's holy name.

Sankat Te Hanuman Chhudavai ।
Mann Kram Vachan Dhyani Jo Lavai ॥26॥

Meaning: Those who remember Shri Hanuman in thought, words, and deeds with Sincerity and Faith, are rescued from all crises in life.

Sab Par Ram Tapasvee Raja ।
Tin Ke Kaaj Sakal Tum Saaja ॥27॥

Meaning: All who hail, worship, and have faith in Shri Ram as the Supreme Lord and the king of penance. You make all their difficult tasks very easy.

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Aur Manorath Jo Koi Lavai ।
Soi Amit Jivan Phal Pavai ॥28॥

Meaning: Whosoever comes to you for the fulfillment of any desire with faith and sincerity, Will he alone secure the imperishable fruit of human life.

Charo Jug Partaap Tumhara ।

Hai Parsiddh Jagat Ujyara ॥29॥

Meaning: All through the four ages, your magnificent glory is acclaimed far and wide. Your fame is Radiantly acclaimed all over the Cosmos.

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Sadhu Sant Ke Tum Rakhwaare ।

Asur Nikandan Ram Dulaare ॥30॥

Meaning: You are Saviour and the guardian angel of Saints and Sages and destroy all Demons. You are the angelic darling of Shri Ram.

Asht Siddhi Nav Nidhi Ke Data ।

As Var Deen Janki Mata ॥31॥

Meaning: You can grant to anyone, any yogic power of Eight Siddhis (power to become light and heavy at will) and Nine Nidhis (Riches, comfort, power, prestige, fame, sweet relationship, etc.) This boon has been conferred upon you by Mother Janki.

Ram Rasayan Tumhare Paasa ।

Sada Raho Raghupati Ke Daasa ॥32॥

Meaning: You possess the power of devotion to Shri Ram. In all rebirths, you will always remain Shri Raghupati's most dedicated disciple.

Tumhare Bhajan Ram Ko Paavai ।

Janam Janam Ke Dukh Bisraavai ॥33॥

Meaning: Through hymns sung in devotion to you, one can find Shri Ram and become free from the sufferings of several births.

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Ant Kaal Raghubar Pur Jaai ।

Jahan Janam Hari-Bhakt Kahai ॥34॥

Meaning: If at the time of death one enters the Divine Abode of Shri Ram, thereafter in all future births he is born as the Lord's devotee.

Aur Devta Chitt Na Dharai ।

Hanumat Sei Sarv Sukh Karai ॥35॥

Meaning: Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your victory over the evil be firm and final. Bless me in the capacity as my supreme guru (teacher).

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Sankat Kate Mite Sab Peera ।

Jo Sumire Hanumat Balbeera ॥36॥

Meaning: One is freed from all the sufferings and ill fated contingencies of rebirths in the world. One who adores and remembers Shri Hanuman.

Jai Jai Jai Hanuman Gosai ।

Kripa Karahu Gurudev Ki Naai ॥37॥

Meaning: Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your victory over the evil be firm and final. Bless me in the capacity as my supreme guru (teacher).

Jo Sat Baar Paath Kar Koi ।

Chhutahi Bandi Maha Sukh Hoi ॥38॥

Meaning: One who recites Chalisa one hundred times becomes free from the bondage of life and death and enjoys the highest bliss at last.

Jo Yah Padhe Hanuman Chalisa ।

Hoye Siddhi Saakhi Gaurisa ॥39॥

Meaning: All those who recite Hanuman Chalisa (The forty Chaupais) regularly are sure to be benedict. Such is the evidence of no less a witness as Bhagwan Sankar.

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Tulsidas Sada Hari Chera ।

Keejai Nath Hriday Mah Dera ॥40॥

Meaning: Tulsidas as a bonded slave of the Divine Master stays perpetually at his feet, he prays “Oh Lord! You enshrine within my heart & soul.”

Doha (Stanza)

Pavan Tanay Sankat Haran, Mangal Moorti Roop ।
Ram Lakhan Sita Sahit, Hriday Basahu Sur Bhoop ॥

Meaning: Oh! conqueror of the Wind, Destroyer of all miseries, you are a symbol of Auspiciousness. Along with Shri Ram, Lakshman and Sita, reside in my heart. Oh! King of Gods.

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Jai Ghosh

Jayakar (Hail the Lord)
Bol Bajarangabali ki jai ।
Pavan putra Hanuman ki hai ॥

Jai Shri Ram ।